

SONBURN

(Isaiah 54:10) *"Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the Lord, who has compassion on you.*"

(Genesis 32:2 NLT) *"Then Jacob sent messengers ahead to his brother, Esau, who was living in the region of Seir in the land of Edom. He told them, 'Give this message to my master Esau: 'Humble greetings from your servant Jacob. Until now I have been living with Uncle Laban, and now I own cattle, donkeys, flocks of sheep and goats, and many servants, both men and women. I have sent these messengers to inform my lord of my coming, hoping that you will be friendly to me.'"*

Life Hurts

✓ Unresolved pains _____ us.

(Genesis 25:24-26a NLT) *"And when the time came to give birth, Rebekah discovered that she did indeed have twins! The first one was very red at birth and covered with thick hair like a fur coat. So they named him Esau. Then the other twin was born with his hand grasping Esau's heel. So they named him Jacob."*

(Genesis 25:27-28 NLT) *"As the boys grew up, Esau became a skillful hunter. He was an outdoorsman, but Jacob had a quiet temperament, preferring to stay at home. Isaac loved Esau because he enjoyed eating the wild game Esau brought home, but Rebekah loved Jacob."*

✓ Unmet expectations _____ us.

(Genesis 25:29 NLT) *"One day when Jacob was cooking some stew, Esau arrived home from the wilderness exhausted and hungry. Esau said to Jacob, 'I'm starved! Give me some of that red stew!' 'All right,' Jacob replied, 'but trade me your rights as the firstborn son.' 'Look, I'm dying of starvation!' said Esau. 'What good is my birthright to me now?' But Jacob said, 'First you must swear that your birthright is mine.' So Esau swore an oath, thereby selling all his rights as the firstborn to his brother, Jacob. Then Jacob gave Esau some bread and lentil stew. Esau ate the meal, then got up and left. He showed contempt for his rights as the firstborn."*

✓ Unhealthy thoughts _____ us.

(Genesis 27:41) *"From that time on, Esau hated Jacob because their father had given Jacob the blessing. And Esau began to scheme: 'I will soon be mourning my father's death. Then I will kill my brother, Jacob.' But Rebekah heard about Esau's plans. So she sent for Jacob and told him, 'Listen, Esau is consoling himself by plotting to kill you... Get ready and flee to my brother, Laban, in Haran. Stay there.... When he (Esau) calms down and forgets what you have done to him, I will send for you to come back."*

Son Spots

1. _____ us.

(Philippians 4:12-13 NLT) *"...I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength."*

2. _____ us.

(2 Corinthians 5:17 NLT) *"So we have stopped evaluating others from a human point of view. At one time we thought of Christ merely from a human point of view. How differently we know him now! This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!"*

3. _____ us.

(Genesis 33:2 NLT) *"The Jacob looked up and saw Esau coming with his 400 men.... As he approached his brother, he bowed to the ground seven times before him. Then Esau ran to meet him and embraced him, threw his arms around his neck, and kissed him. And they both wept. Then Esau looked at the women and children and asked, 'Who are these people with you?' 'These are the children God has graciously given to me, your servant,' Jacob replied. 'And what were all the flocks and herds I met as I came?' Esau asked. Jacob replied, 'They are a gift, my lord, to ensure your friendship.' 'My brother, I have plenty,' Esau answered. 'Keep what you have for yourself.'"*

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✓ Unresolved pains **CHAIN** us.

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✓ Unmet expectations **RESTRAIN** us.

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✓ Unhealthy thoughts **DRAIN** us.

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Son Spots

1. **SUSTAIN** us.

(Philippians 4:12-13 NLT) *"...I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength."*

2. **REARRANGE** us.

(2 Corinthians 5:17 NLT) *"So we have stopped evaluating others from a human point of view. At one time we thought of Christ merely from a human point of view. How differently we know him now! This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!"*

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