

## Fellowship Notes

Under Armor - Part 1

John Youell, Jr.

October 24, 2010

(Luke 21:19 NLT) *“By standing firm, you will win your souls.”*

(1 Corinthians 9:27 NLT) *“I discipline my body like an athlete, training it to do what it should.”*

## Game Week

1. \_\_\_\_\_

(Proverbs 24:10 NLT) *“If you fail under pressure, your strength is too small.”*

(1 Chronicles 16:11 NLT) *“Search for the Lord and for His strength; continually seek Him.”*

(Ephesians 6:10 NLT) *“...be strong in the Lord and in his mighty power.”*

2. \_\_\_\_\_

(Luke 9:10) *“They (the opposition) encourage each other in evil plans, they talk about hiding their snares; they say, ‘Who will see them?’ They ... say, ‘We have devised a perfect plan!’”*

(Ephesians 6:11 NLT) *“Put on all of God’s armor so that you will be able to stand firm against all the strategies of the devil.”*

3. \_\_\_\_\_

(Psalm 33:11 NLT) *“But the Lord’s plans stand forever; His intentions can never be shaken.”*

(Ephesians 6:12 NLT) *“For we are not fighting against flesh-and-blood enemies but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.”*

4. \_\_\_\_\_

(Ephesians 6:13 NLT) *“...put on every piece of God’s armor so you will be able to resist the enemy in times of evil. Then after the battle you will still be standing firm.”*

All scripture is from the New International Version unless otherwise noted. Messages and handouts are available at [www.FellowshipChurchOK.com](http://www.FellowshipChurchOK.com).

## Fellowship Notes

Under Armor - Part 1 - The Belt

*Continued*

## Under Armor - The Belt

(Ephesians 6:14 NLT) *“Stand firm then with the belt of truth buckled around your waist...”*

1. \_\_\_\_\_

(John 14:6 NLT) *“I am the way, the truth, and the life. No one can come to the Father except through me.”*

(2 Timothy 3:15 NLT) *“You have been taught the holy Scriptures from childhood, and they have given you the wisdom to receive the salvation that comes by trusting in Christ Jesus.”*

2. \_\_\_\_\_

(2 Timothy 3:16 NLT) *“All Scripture is inspired by God and is useful to teach us what is true ... It corrects us when we are wrong...”*

3. \_\_\_\_\_

(Psalm 37:23 NLT) *“The Lord directs the steps of the godly. He delights in every detail of their lives.”*

(Psalm 3:5-6 NIV) *“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.”*

4. \_\_\_\_\_

(2 Thessalonians 3:3) *“the Lord is faithful, and he will strengthen and protect you from the evil one.”*

(Psalm 37:23 NLT) *“Even to your old age and gray hairs, I am he who sustains you. I have made you and I will carry you; ... I will rescue you.”*

### WHAT IS UNDER THE ARMOR?

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

All scripture is from the New International Version unless otherwise noted. Messages and handouts are available at [www.FellowshipChurchOK.com](http://www.FellowshipChurchOK.com).

## Fellowship Notes

Under Armor - Part 1

John Youell, Jr.  
October 24, 2010

(Luke 21:19 NLT) *"By standing firm, you will win your souls."*

(1 Corinthians 9:27 NLT) *"I discipline my body like an athlete, training it to do what it should."*

## Game Week

### 1. WORKOUTS

(Proverbs 24:10 NLT) *"If you fail under pressure, your strength is too small."*

(1 Chronicles 16:11 NLT) *"Search for the Lord and for His strength; continually seek Him."*

(Ephesians 6:10 NLT) *"...be strong in the Lord and in his mighty power."*

### 2. FILM STUDY

(Luke 9:10) *"They (the opposition) encourage each other in evil plans, they talk about hiding their snares; they say, 'Who will see them?' They ... say, 'We have devised a perfect plan!'"*

(Ephesians 6:11 NLT) *"Put on all of God's armor so that you will be able to stand firm against all the strategies of the devil."*

### 3. GAME PLANNING

(Psalm 33:11 NLT) *"But the Lord's plans stand forever; His intentions can never be shaken."*

(Ephesians 6:12 NLT) *"For we are not fighting against flesh-and-blood enemies but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places."*

### 4. GEAR CHECK

(Ephesians 6:13 NLT) *"...put on every piece of God's armor so you will be able to resist the enemy in times of evil. Then after the battle you will still be standing firm."*

## Fellowship Notes

Under Armor - Part 1 - The Belt

Continued

## Under Armor - The Belt

(Ephesians 6:14 NLT) *"Stand firm then with the belt of truth buckled around your waist..."*

### 1. CONNECTS

(John 14:6 NLT) *"I am the way, the truth, and the life. No one can come to the Father except through me."*

(2 Timothy 3:15 NLT) *"You have been taught the holy Scriptures from childhood, and they have given you the wisdom to receive the salvation that comes by trusting in Christ Jesus."*

### 2. CORRECTS

(2 Timothy 3:16 NLT) *"All Scripture is inspired by God and is useful to teach us what is true ... It corrects us when we are wrong..."*

### 3. DIRECTS

(Psalm 37:23 NLT) *"The Lord directs the steps of the godly. He delights in every detail of their lives."*

(Psalm 3:5-6 NIV) *"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight."*

### 4. PROTECTS

(2 Thessalonians 3:3) *"the Lord is faithful, and he will strengthen and protect you from the evil one."*

(Psalm 37:23 NLT) *"Even to your old age and gray hairs, I am he who sustains you. I have made you and I will carry you; ... I will rescue you."*

## WHAT IS UNDER THE ARMOR?

**WAIST:** Flexibility, Power Activator, Source of Direction.