

GUARDRAILS

✓ A system _____ to keep vehicles from _____ into dangerous areas.

✓ 3 Common Guardrail Locations

- ▶ _____
- ▶ _____
- ▶ _____

✓ Guardrails _____ & _____

- ▶ They are placed just _____ danger zones.

✓ What is a Personal Guardrail?

- ▶ a standard of _____ that becomes a matter of _____.

CRITICAL QUESTION: When you think about your greatest _____ in life, how many of them could have been _____ if you had personal guardrails in place?

(Ephesians 5:15-17 NLT) "So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do."

▶ We must stop _____ ourselves.

(Ephesians 5:18 NIV) "Do not get drunk on wine, which leads to debauchery [NASB dissipation]."

Dissipation: The act of dissipating (to _____ in various directions); a _____ by misuse.

Debauchery: Extreme indulgence that results in the _____.

(Ephesians 5:18 NLT) "Instead, be filled with [influenced by] the Holy Spirit,"

✓ Guardrails keep us from getting to the place of handing _____ over to someone or something else.

✓ We don't plan to mess up our lives...we just don't _____.

✓ Personal guardrails serve to _____ us by offending our _____.

✓ Personal guardrails _____ us and make it easier to _____ the voice of God in our lives.

GUARDRAILS

✓ A system DESIGNED to keep vehicles from STRAYING into dangerous areas.

✓ 3 Common Guardrail Locations

- ▶ BRIDGES
- ▶ MEDIANS
- ▶ CURVES

✓ Guardrails DIRECT & PROTECT

- ▶ They are placed just INSIDE danger zones.

✓ What is a Personal Guardrail?

- ▶ a standard of BEHAVIOR that becomes a matter of CONSCIENCE.

✓ **CRITICAL QUESTION:** When you think about your greatest REGRETS in life, how many of them could have been AVOIDED if you had personal guardrails in place?

(Ephesians 5:15-17 NLT) "So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do."

▶ We must stop DECEIVING ourselves.

(Ephesians 5:18 NIV) "Do not get drunk on wine, which leads to debauchery [NASB dissipation]."

Dissipation: The act of dissipating (to SCATTER in various directions); a WASTING by misuse.

Debauchery: Extreme indulgence that results in the LOSS OF CONTROL.

(Ephesians 5:18 NLT) "Instead, be filled with [influenced by] the Holy Spirit,"

✓ Guardrails keep us from getting to the place of handing CONTROL over to someone or something else.

✓ We don't plan to mess up our lives...we just don't PLAN NOT TO.

✓ Personal guardrails serve to PROTECT us by offending our CONSCIENCE.

✓ Personal guardrails DIRECT us and make it easier to DISCERN the voice of God in our lives.